

LIMONEIRA[®]

SINCE 1893

Tis the Season with Limoneira Citrus

Put the “health” back into holiday eating with Limoneira Spokesperson Megan Roosevelt

(Santa Paula, CA) – It’s December, and that can only mean one thing; food, food, presents, and MORE food. This month, Limoneira spokesperson Megan Roosevelt is giving the gift of easy, guilt-free and delicious holiday recipes, DIY tips and homemade goodness via the Limoneira YouTube channel, all month long. For a helpful demonstration, you can watch Megan create the recipe below [here](#) on the Limoneira YouTube channel. Don’t forget to subscribe – videos with more wonderful recipes, tips and tricks not detailed in this release will be added to the channel each Friday throughout the month.

Limoneira has also partnered with additional global chefs and mixologists, nutritionists, and beauty lifestyle and green cleaning experts to share their knowledge with the customers of our grocery and food service partners around the world. Their biographies can be found on [Limoneira’s website](#).

Christmas Wreath Citrus Salad – Wreaths aren’t just for the front door anymore! Try this palette pleasing, festive holiday greenery at the next family gathering.



Salad Ingredients:

- 5 ounces of salad greens (spring mix, arugula or sweet baby lettuce mix)
- 2 Limoneira Meyer lemons, peeled and segmented
- 2 Limoneira navel oranges, peeled and segmented
- 3/4 cup pistachios (shelled, roasted and salted)
- 3/4 cup pomegranate seeds
- 1/4 cup hemp seeds

Dressing Ingredients:

- 4 tablespoons fresh-squeezed Meyer lemon juice
- 1 tablespoon honey
- 3 teaspoons champagne vinegar
- 1 tablespoon olive oil

- 1 teaspoon dijon mustard
- Pinch sea salt & black pepper

Whisk together lemon juice, honey, champagne vinegar, olive oil, dijon mustard, salt, and pepper until the salt has dissolved and the dressing is emulsified.

Place greens on a large serving platter and arrange oranges, Meyer lemons, pistachios, pomegranate & hemp seeds over the greens in a circular pattern – like a Holiday wreath! Leave a spot in the center to add a small dish for the salad dressing. Dress salad just before serving and enjoy!



Each month, Megan will be featuring another wonderful facet of citrus living, with weekly videos full of recipes, DIY tips and other ways to use Limoneira citrus. Subscribe to [Limoneira's Youtube channel](#) for more information on the many ways this endlessly versatile fruit can improve life inside the home and beyond.

