

Celebrate Moms with Limoneira Citrus

(Santa Paula, CA) – The arrival of May means spring has really and truly sprung, and for Limoneira that means it's time to celebrate all the great moms in the world. As an endlessly versatile fruit, lemons are a key part of any great breakfast. This month, Limoneira Spokesperson Megan Roosevelt is here to show how to celebrate Mom in a simple, yummy way – with breakfast in bed.

Don't forget to subscribe – videos with more wonderful recipes, tips and tricks not detailed in this release will be added to the channel weekly. For more details on the tips below, watch this video on the Limoneira channel [here](#).

Lemon Mango Chia Pudding – A simple, nourishing, and tasty start to any mom's day!

Ingredients:

- 1 Limoneira classic lemon
- 1 mango
- 1.5 cups non-dairy milk
- 1 frozen banana
- ¼ cup chia seeds

Directions: Add chia seeds to non-dairy milk and whisk together. Let sit for at least four hours in refrigerator. Then, slice and peel mango. Add mango slices, frozen banana and juice from the lemon to a small blender or food processor and blend until smooth. Add chia pudding to a small glass, and top with mango-lemon puree.



Want to step up the mom-appreciation game? Pair the freshly homemade pudding with a beautiful spread of her favorite treats – coffee, lemon water, croissants! Every mom is different.

Limoneira has also partnered with additional global chefs and mixologists, nutritionists, and beauty lifestyle and green cleaning experts to share their knowledge with the customers of our grocery and food service partners around the world. Their biographies can be found on [Limoneira's website](#).



Each month, Megan will be featuring another wonderful facet of citrus living, with weekly videos full of recipes, DIY tips and other ways to use Limoneira citrus. Subscribe to [Limoneira's Youtube channel](#) for more information on the many ways this endlessly versatile fruit can improve life inside the home and beyond.